

6 Notes +

Based on 'Caruso - Musical Calisthenics'

The main focus is to activate and strengthen the breathing muscles, and to give a stable and strong embouchure.

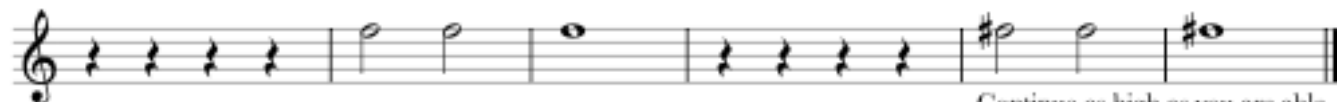
Caruso has 4 Rules in his studies:

1. Tap Your Foot at a set speed of 60bpm with a metronome.
2. Keep the mouthpiece in contact with the lips throughout.
3. Keep the blow steady. A full breath every time, full support, and a steady airstream.
4. Breathe only through the nose.

♩ = 60

B = Breath Attack

T = Tongue



Continue as high as you are able